



LIGHTHOUSE



BY BCGIANS, FOR BCGIANS

FOREWORD

It's the end of this academic year and the summer is approaching! The long-awaited vacations to have unbridled fun with family and planning joyous activities to make this an indelible summer. However, during this period of entertainment, small steps should be taken to also make this a useful summer to help you be in control of next year's study which guides you on a proper and well-scheduled path for the new academic year!

It's not only about studies but also a chance to pursue your hobbies to be competent in them. This is also a way of enjoying your summer while also enhancing your skills. Summer is a time when we can relax and rejuvenate, bringing our mental health back to normal after the hectic schedules during exams. Give yourself some time to read the below articles in the newsletter towards making the summers more interesting and fruitful!

By the Editorial team

THINGS TO DO IN SUMMER

The vacations are going to start. We all are excited for our vacations to start, aren't we? But whenever our vacation starts, the first few days are enjoyable. However, in the latter days, we just sit idle and pass our time, thinking about what new we can do. Well, here are some ways you can pass the summer vacation without getting bored.

- 1 Outing with the family-** Family time is the best time and spending time with the family along with exploring new destinations would be like icing on the cake. A perfect holiday will make the vacation fun-filled and mesmerizing.
- 2 Doing something constructive-** Art and craft is the best way to relax the mind and also improve our creativity. So, let's put on the thinking caps this vacation and up the level of our artwork.
- 3 Exercise-** Physical activities are very important to keep our bodies fit as a fiddle. Instead of playing video games with friends why not play physically with them and have the same enjoyment keeping in mind the well-being of the body. I bet no one would like to be a couch potato during the vacation, right?
- 4 Reading -** Reading books is one of the best pastimes as it not only improves our vocabulary but also takes us to a whole new world of fantasy and mysteries.
- 5 Take up a new hobby-** Vacation time will be the perfect time to learn something new and impress your friends. With a lot of time in hand, a new skill can be learned and we can become more skillful.

I hope using these ways your vacation will be fun-filled and packed with wonderful things to do every day.

Submitted by by Aaricia Pereira
Class 8



VACATIONS-TIME TO REJUVENATE

Summer vacation is a golden opportunity for students to take a break from their studies and work on their hobbies. One can spend vacation days filled with fun activities, and learn new things that could be very useful both in the new school year and in everyday life as well.



Vacation time is the time for replenishing and energizing oneself. Going for walks early morning with my building friends, and playing Badminton forms my daily routine. Health is of utmost importance and the proverb “A healthy mind in a healthy body” cannot be ignored. Spending evenings reading novels and autobiographies of great personalities like Gandhiji, former president Abdul Kalam, Stephen Hawking, and Mother Teresa to name a few, gives me insight into the lives of these luminaries. This not only enhances my vocabulary but also guides me to persevere to achieve success. Helping mom in the kitchen is fun. As culinary skills can be honed in the kitchen, it is the place where various inventions can take place too.

During vacation one should keep away from electronic gadgets as much as possible. Golden sand, cool breeze, and the sound of rising and falling waves attract one and all. Vacation time is the time when we can enjoy the company of nature. In a nutshell, I spend my summer vacations quite interestingly. Every year I take up some different activities which I enjoy doing and my parents support me. No matter how you spend your holidays, the most important thing is to have some rest and rejuvenate yourself for the upcoming academic year.

Submitted by Nishita Talapady
Class 9



HOW TO MAKE SUMMERS CONSTRUCTIVE?

When you're in that stage of life dominated by educational institutions, and regimented school schedules, there are also only two seasons. There's school, and then there's summer vacation. Just saying that word in your head probably conjures thoughts of spending too much time on Social Media Platforms just scrolling! And that time when Pokémon was your full-time job. And that's exactly what it's for – to an extent. Beyond those things, though, summer is also a time you can use constructively. So, I have come up with some marvelous tips to make your summers constructive:

✔ Don't free yourself of obligations

Replace your classes with something that constrains your time. It doesn't have to constrain as much of it, but on the flip side, you really don't want to go into summer with absolutely no form of structure or schedule. And don't forget Parkinson's Law “Work expands to fill the time you allot to it”

✔ Watch educational youtube videos

Here are a few of my favorite educational YouTube channels:

1. Minute Physics (all kinds of cool physics)
2. Crash Course (history, chemistry, astronomy, and much more)
3. Asap SCIENCE (science topics ranging from biology to psychology)

✔ Learn a new language

Visit these websites and learn a new language:

1. Duo lingo
2. Babbel
3. BBC Languages

✔ Improve your physical health

You have more time during the school holidays. So, this is a great opportunity to start sleeping well, exercising regularly, and eating healthily.

✔ Read a good book

Reading improves one's knowledge and different kinds of books lead to a broader repertoire. There are innumerable ways to get your hands on a good book, whether you take a walk to your nearest library, you borrow one from a dear friend or if you are a tech-savvy person then you could simply download your book with a quick click of a button.

✔ Start a business

It can be small or you could think big and have built million-dollar businesses in arenas like app development, online advertising, fashion, and hair products.

As you follow your plan, I'm confident that you'll have a meaningful, productive, and fun-filled school holiday!

Submitted by Diti Dave
Class 8

IT'S A VACATION!

After a difficult year with on-offline learning, we have finally reached the end of this academic 12 months period. It has been exciting, to say the least where we have all learned to evolve with time and technology. To keep this year's summer hiatus interesting, there are various activities one can explore.

Learning basic life skills like cooking, swimming, cleaning, and recycling goes a long way in life. One can also indulge in learning more about decomposing waste products and correcting the segregation of trash. Holding campaigns to spread awareness of the same in creative ways can be indulging.

Keeping up with technology is a task in itself. Engaging in exciting new applications, coding languages, and learning photoshop are some interesting skills that can come into use later and shine on your portfolios.

Volunteering in animal shelters, old age homes, disabled schools, and teaching underprivileged students are a few more acts that can help build character and your profile. It helps keep you grounded and will give value to your free time.

Submitted by Rachita Khandelwal
Teacher



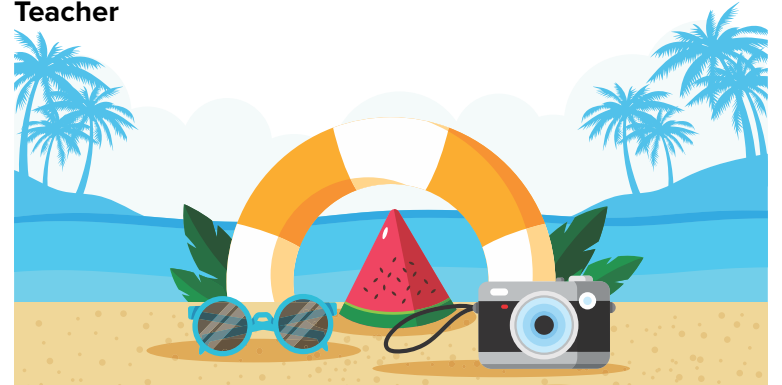
HELLO SUMMER

We are almost at the finish line of 2021-2022. What a tremendous transition we went through together! Awaiting the approach of summer vacation, let us bear in mind what we have learned— to use time constructively and to be mindful of everything. How to make the most of your time? Firstly, start meditation and exercising early each morning, this will keep you healthy, and also rejuvenate you throughout the day.

Nature's intervention helped us acknowledge the need for a healthy and wholesome diet. Secondly, you can continue honing the hobbies and recreational activities you took up during the lockdown. Dance, paint, plant a kitchen garden, sing, write poetries but surely do something to get the creative juices flowing because life is an imitation of art. Learning a new language (coding or otherwise) or a musical instrument is always a bonus.

Lastly, make time for the elderly and lonely. Visiting old-age homes and orphanages helps us gain perspective in life, it helps us realize our blessings and teaches us to share our bounty with others. It's beautiful to watch a face enlighten with the smile that you brought. May the joy of giving make your vacations even brighter.

Submitted by Miss Sophia Rodrigues
Teacher



FIND HIDDEN OBJECTS



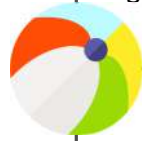
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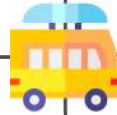
BINGO



SUMMER BUCKET LIST BINGO



play in the sprinkler	bake cookies	sign up for a library reading program	go to the park	ride a bike
visit a museum	fly a kite	build a sandcastle	catch fireflies	plant a garden
make rootbeer floats	splash at the pool	take a hike	roller skate	go fishing
do a scavenger hunt	read a new book	see a movie or play	have a picnic	make a blanket fort
travel to visit family	complete a craft or make art	make s'mores	watch fireworks	go to the fair



SUMMER MARKS THE VACATION ITCH!

We all are curiously waiting for vacations to start, as summer rolls around. Summer is the most awaited time of the year and there is something exhilarating about the idea of summer vacations.

Summer vacation holds a door filled with ample opportunities to enjoy, relax and have fun. Our everyday mundane routine miraculously shifts into fun and exciting plans during this period.

Vacation is a break that must not be wasted and one should utilize the time constructively for learning and experimenting with new things that help you upgrade your skills for the future.

- ☑ Go on a nature walk where you collect Samples of what you find.
- ☑ Go bird watching- Listen online to the bird calls so you know what to listen for.
- ☑ Playing indoor games with your family? It will help you bond, create better communication skills and also help your mind grow.
- ☑ Expose yourself to wonderful sports, don't slow down,

freak out and enjoy your favorite game.

- ☑ "There is no friend as loyal as a book." It helps you become a better person in multiple ways
- ☑ Writing a daily journal - An effective way to increase writing skills.
- ☑ Go Stargazing- watching the beautiful canopy of the world is a memorable experience.
- ☑ Gardening goes close to nature, plant different types of herbs, and Shrubs. (Improves your locomotor Skill)
- ☑ Learn a new skill. Here are some skills you could develop.
 1. Learn how to bake.
 2. Play an instrument.
 3. Learn a foreign language.
 4. Learn Swimming.

Cool your different activities vacation itch by engaging in different activities. Have a wonderful vacation!!

**Submitted by Trupti Rane
Teacher**



FIND THE WORDS

SUMMER VACATION



- BEACH
- BEACHCHAIR
- CAMPING
- DOLPHINS
- FERRY
- FLIPFLOPS
- FUN
- GOODWEATHER
- HOLIDAY
- ICECREAM
- ISLAND
- LIFEGUARD
- PLAYING
- RELAX
- SAND
- SUN
- SUNBATHING
- SURFBOARD
- SURFING
- SWIMMING
- UMBRELLA



SCHOOL CORNER

Bingo! The vacation is here!!

It's that time of the year you all look forward to after the gruelling month of final submissions, projects, and the never-lasting days of exams. The summer vacation is here and you all deserve this welcome break!

You have good 6 weeks in hand before we start the next academic year. Needless to say, this is the time you can relax, spend quality time with friends and family and do all those things you never got a chance to do because of the tight schedules and demands when school is in session. Although you all were at home most of this academic year due to pandemic but that time is something none of us would want to recall or repeat. Put the past behind you and plan your vacation so you can make the most of every moment you have.

I will not talk about the 'don'ts' but I would definitely want to draw your attention to a few do's. I suggest spend the first few days taking a complete break. Spend time with your family helping them in the kitchen or other household chores, go for long walks with them, or play family games. Also, ensure you are eating with your family and not secluding yourself in front of the T.V. or social media.

You can have your 'me' time in the day when you can be just with your own self but apart from that take this opportunity to be with your loved ones.

Children, this will be a good time to introspect and do something which will give happiness to others around you. Maybe you can spend some time teaching another child who is unable to go to school due to financial constraints or start a clean-up drive in your area. You can even create a small group of like-minded children and educate your neighbours about the need to save water or environment conservation. As we always say, these small little actions will go a long way in bringing awareness about things that are important and you will also feel you have spent some time in fruitful activities. We can also think of doing one thing daily which will bring a smile on someone's face.

We shall all wait eagerly for you to come back to school, rejuvenated and fresh, ready to take on the new year with new vigour. The four walls of the school are very lonely without your laughter and chatter.

Have a great vacation !!

Ms. Poonam Arora
Principal, BCISW



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